



## Power Up for Kindergarten Checklist

### Supporting Early Learning at Home

Use this checklist to support your child’s learning in simple, everyday ways.

#### Remember

- ✓ Learning happens in everyday moments
- ✓ Play is one of the best ways children learn
- ✓ Every child learns at their own pace

<p><b>Reading &amp; Language</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Read with my child every day</li> <li><input type="checkbox"/> Let my child choose books they enjoy</li> <li><input type="checkbox"/> Talk about pictures and stories while reading</li> <li><input type="checkbox"/> Ask questions like “What do you think will happen next?”</li> <li><input type="checkbox"/> Encourage my child to tell stories or share ideas</li> </ul>	<p><b> Talking &amp; Listening</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Talk with my child throughout the day</li> <li><input type="checkbox"/> Describe what we are doing during daily routines</li> <li><input type="checkbox"/> Listen and respond to my child’s questions</li> <li><input type="checkbox"/> Encourage conversation at meals or during play</li> </ul>
<p><b> Learning Through Play</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Give my child time for creative play (pretend, building, drawing)</li> <li><input type="checkbox"/> Play games that involve taking turns</li> <li><input type="checkbox"/> Encourage problem-solving during play</li> <li><input type="checkbox"/> Follow my child’s interests and imagination</li> </ul>	<p><b> Early Math &amp; Thinking</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Count objects during daily activities (toys, steps, snacks)</li> <li><input type="checkbox"/> Talk about shapes, colors, and sizes</li> <li><input type="checkbox"/> Sort and compare items (big/small, more/less)</li> <li><input type="checkbox"/> Ask simple thinking questions like “Which one is bigger?”</li> </ul>
<p><b> Exploration &amp; Curiosity</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Spend time outside exploring nature</li> <li><input type="checkbox"/> Encourage my child to ask questions</li> <li><input type="checkbox"/> Try new activities together</li> <li><input type="checkbox"/> Let my child explore and discover</li> </ul>	<p><b> Confidence &amp; Learning Attitude</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Encourage my child to try new things</li> <li><input type="checkbox"/> Praise effort, not just results</li> <li><input type="checkbox"/> Celebrate small successes</li> <li><input type="checkbox"/> Keep learning fun and pressure-free</li> </ul>